

Dear Patient,

You have been asked to complete a home stool test, also called a Fecal Occult Blood Test (FOBT). This test checks for blood in your stool. Your healthcare provider may have ordered this test as a yearly screen for colorectal cancer or to test for other conditions.

If you are between the ages of 50 to 74, male or female, the Alberta Colorectal Cancer Screening Program will send a copy of the test result directly to you. If the test result is abnormal, the letter will remind you to follow-up with your healthcare provider in case they have not yet had an opportunity to contact you. If you are not within this age group, please continue to follow-up with your healthcare provider regarding your test result.

Choosing not to receive the test result letters does not prevent you from taking the home stool test. Your healthcare provider will continue to access your test results in the usual manner.

For any questions about the test result letters or if you do not want to receive them, please contact the Alberta Colorectal Cancer Screening Program at:

Tel: 1-866-727-3926

Fax: 1-888-944-3388

Web: [screeningforlife.ca](http://screeningforlife.ca)

Sincerely,



Dr. Huiming Yang  
Medical Director, Screening  
Alberta Health Services

To update your name or address, call Alberta Health and Wellness at  
310-0000 (toll free) then dial 780-427-1432.

# Frequently Asked Questions

The Alberta Colorectal Cancer Screening Program (ACRCSP) is coordinated by Alberta Health Services. It works with your healthcare provider and lab to send your test result directly to you.

## Why is regular screening important?

- Having regular colorectal cancer screening can prevent and detect colorectal cancer at its early stages when treatment is more effective.

## Who should get screened for colorectal cancer?

- Everyone aged 50 to 74 should be screened for colorectal cancer regularly.
- Most cases of colorectal cancer occur in people age 50 and over.

## How does the program work?

- You can get a home stool test kit at the lab with an order form from your healthcare provider or directly from your healthcare provider.
- Once you have completed the test kit and returned it to the lab, the lab will send your test result to your healthcare provider and the ACRCSP.
- The ACRCSP will then send you a letter about your test result.

## How can I participate in the program?

- To participate, simply continue to have regular colorectal cancer screening and the necessary follow-up as your healthcare provider advises.
- To find a physician:
  - o Call Health Link Alberta at 1-866-408-LINK (5465)
  - o Visit [www.informalberta.ca](http://www.informalberta.ca)
  - o Visit [www.cpsa.ab.ca](http://www.cpsa.ab.ca)

## How did you get my name and address?

- Alberta Health and Wellness, under the Health Information Act, provides ACRCSP with the names and addresses of people in Alberta. This allows the program to send letters directly to you.

## How is my privacy protected?

- ACRCSP is secure, private and confidential. ACRCSP staff are bound by the Health Information Act and will ONLY have access to your home stool test results and any related colorectal follow-up test results. No other health information is obtained.
- ACRCSP will automatically send letters to everyone aged 50 to 74 who has completed a home stool test. If you are not sure you want to receive test result letters, please call 1-866-727-3926 or talk to your healthcare provider about the benefits of being part of the ACRCSP. Choosing to opt-out of the program will not impact your ability to access colorectal cancer screening services.

## Be sure to get screened for colorectal cancer regularly!

### For more information about breast, cervical and colorectal cancer screening:

- Visit our website at [screeningforlife.ca](http://screeningforlife.ca)
- Call us at 1-866-727-3926

**SCREENING  
FOR LIFE.CA**